VILLAGE COMMUNITY
GATHERING

Our Village Gatherings begin at 1:00 pm.

MONDAY DECEMBER 5th
GRESHAM POLICE DEPT.: Officer Taylor will come and share ways to be safe and avoid crime.

MONDAY DECEMBER 12th
CHAIR YOGA: During this busy holiday season, take a moment to relax and enjoy chair yoga.

MONDAY DECEMBER 19th
CHRISTMAS SING ALONG: Please come over and enjoy songs, memories and refreshments and celebrate Christmas!

MONDAY DECEMBER 26th
NO GATHERING TODAY

Blood Pressure Checks at 2:00pm in the Small Meeting Room every Monday
Happy Holidays,

We have a busy month ahead! Please look at your calendar for events being offered. Our favorite choir will be here to entertain us and the readers ensemble will be here and share some fun stories….please don’t miss them!

I am happy to team up with Zarephath Pantry again to help them provide warmth for those in need. They have a successful outreach program that provides food and other necessities to low-income families and homeless in the Gresham area.

From our home to yours, we wish you a Merry Christmas and Happy New Year!

Taunya

MERRY CHRISTMAS TO YOU AND YOUR FAMILIES FROM THE VILLAGE FOUNDATION OFFICERS AND BOARD!

REMEMBER IF YOU WANT TO GO ON AN ACTIVITY BUT RUNNING A BIT SHORT ON CASH WE CAN HELP YOU. JUST LET THE OFFICE KNOW.

WELCOME NEW RESIDENTS:

GERALD & BEVERLY BRASS
#404
When you picture people practicing yoga, do you imagine impossible positions, young people bent into all sorts of shapes?
You would be surprised to know that yoga can be incredibly beneficial for people with mobility issues, including seniors. As well, yoga can be practiced from a CHAIR!

Benefits of Chair Yoga
1. Improved Strength 2. Improved Flexibility 3. Reduced stress and improved mental clarity 4. Opportunities to socialize 5. Improved stress and pain management

Chair yoga (and yoga in general) really includes proper breathing, which can help with stress management, and also coping and managing pain.

Join us for chair yoga on December 12th.

We are teaming up with Zaraphath Pantry to help supply the following items for people in need and homeless: WHITE SOCKS, HATS, SCARVES, & GLOVES

From December 1st -15th, 2016
Please help us supply this wonderful organization to help others in need!

Please donate to the Giving Tree by the Activity Office with new items to help our neighbors keep warm.

Please remember that Lifeline service is available for all residents for a minimal price. If you have any questions contact the office.

If you would like your family to receive the newsletter, please let us know. We would be happy to send it to them.
Dear Residents,

Merry Christmas! I wish you and your families a wonderful Christmas! Please enjoy the sights and sounds and activities of this festive season. Be sure to keep track of the activities so you do not miss out on any of the events that are happening. I often hear of many who missed meetings or activities that they were very interested in simply because they did not know, or forgot, about the activity. Be sure to read up on what is available and make a note of it so you do not miss out.

We are having a very important meeting on Monday, December 5th. The Gresham Police Crime Prevention department (Gresham Neighborhood Enforcement team) will be giving a presentation to us for our Village Gathering at 1:00. One of the best ways that we can prevent being taken advantage of or being a victim of crime is through education and prevention. They will be going over ways that we can help to keep ourselves safe. Please be sure to attend and remind your neighbors to come too.

Our remodels are continuing with remodels happening at #62, #42 and #85. We will also be renovating #104 for the next resident. Thank you for your patience in these areas.

For our next resident meeting on January 10 we have scheduled a representative to come and talk to us about how the PACE program works. The PACE program is for those who's income qualifies them to receive comprehensive health benefits in a program that caters to their individual needs. Mark your calendars and come and learn about all of the benefits that are available.

Our Theme for our Thankfulness wall this month is "My Favorite Christmas gift or memory is....." Stop by and share your thought with the rest of us.

Our Special Christmas Dinner is on December 15. All are welcome to come and invite your friends, neighbors and family for this festive occasion with good food and great company!

And, if you are not away with your family, make sure that you join us for our Christmas Dinner on Christmas Day. Just like Thanksgiving, it will be cafeteria style, and we are asking apartment #'s 1-80 to come in at 12:00 and #'s 81 to 407 to come in at 12:30 so people do not have to stand in line as much. Come and share Christmas with your neighbors.

Have a very Merry Christmas, Dennis
**DECEMBER 2016 ACTIVITIES**

**BREAKFAST OUT TO VILLAGE INN AND SHOPPING AT TARGET**

**THURSDAY, DECEMBER 1st**

9:00 am  
$3.00 Bus

Come on out to breakfast with us and then we’ll shop.

**CORBETT MIDDLE SCHOOL CHOIR PERFORMANCE**

**TUESDAY, DECEMBER 6th**

2:00 pm  
REC ROOM

Please join us for a wonderful program with this awesome choir!

**4 OLD BROADS & A GEEZER READERS ENSEMBLE**

**THURSDAY, DECEMBER 8th**

1:00 pm  
REC ROOM

Please don’t miss this fun event! This group is always entertaining!

**PITTOCK MANSION AND LUNCH OUT TO OLD SPAGHETTI FACTORY**

**TUESDAY, DECEMBER 13th**

10:00 am  
$15.00 Bus & Admission

We will tour this beautiful historic house that will be decorated for the holidays and then off to lunch.

**ASPEN MEADOW CELEBRATION OF LIGHTS**

**TUESDAY, DECEMBER 20th**

5:00 pm  
$7.00 Bus

We will take a trip to Colton and view the beautiful lights on this gorgeous property. We will walk the property, enjoy snacks, warm drinks and music. The admission is free and they will have volunteers to help anyone with special needs. Please dress for the weather! I will post the flyer about this event.
**PAPARAZZI JEWELRY PARTY**

**WED DECEMBER 21st**  
11am—1pm  
REC ROOM  
Everything is $5!  
Come over and shop!

**NEIGHBORHOOD LIGHTS**

**THURSDAY, DECEMBER 22nd**  
6:00 pm  
$5.00 Bus  
We’ll travel around Gresham and beyond in search of holiday lights. We’ll stop for dessert at Heidi’s!

**“AFTER THE HOLIDAY” BINGO**

**TUESDAY**  
DECEMBER 27th  
1:00 pm  
REC ROOM  
Come join us for some fun games of BINGO!

**CHRISTMAS DAY DINNER**

**SUNDAY, DEC 25th**  
12:00 pm for Apts #1-80  
12:30 pm for Apts #81-407  
$12.00 for residents  
$14.00 for non-residents.  
We will be serving a traditional Christmas Day dinner, cafeteria style.  
Tickets will go on sale in the office on Friday Dec 16th

**POWELLHURST BAPTIST CHURCH CAROLERS**

**SATURDAY, DEC 17th**  
4:00 pm  
These lovely carolers will stroll around The Village and sing!

**PIZZA & GAME NIGHT**

**THURSDAY**  
DECEMBER 29th  
5:00pm  
$5.00  
We’ll have pizza, salad, & beverage  
Please sign up at the office & pay at the door!
THE VILLAGE CHRISTMAS DINNER
THURSDAY, DECEMBER 15th
12:00 pm
$12.00 PER PERSON
($1 discount will be given if purchased before 4pm Tues Dec 13th)

We will be serving a traditional dinner of Roast Turkey or Hazelnut Roast, Mashed Potatoes and Gravy, Fresh Stuffing, Fresh Carrots, Fresh Baked Yams, Christmas Salad, Dinner Rolls, Festive Dessert, along with Assorted Beverages

After dinner, Dana Lester will lead us in a sing-along!

ART CLASS
WITH
JANET ALMY
TUESDAY
DECEMBER 20th
10:00 AM
REC ROOM

Bring your own art project to work on during this time. This is a great time to share and visit while working!

2017 CREATIVE WRITING & POETRY FESTIVAL
SPONSORED BY LEADING AGE OF OREGON

♦ All entries must be original works, previously unpublished.
♦ Entries must have been written after the age of 60.
♦ Short stories may be no longer than 1500 words
♦ Poems should be no more than 500 words.
♦ All entries must be submitted in electronic form. Please include name & facility on the entry.
♦ Entry forms are available in the Activity Office. They can be faxed or emailed to the LeadingAge Office.
♦ Entries are due in the LeadingAge office by January 9, 2017
♦ One entry per person.

PLEASE SEE TAUNYA FOR ANY HELP OR QUESTIONS.

REMINDER
When being seated at our Special Dinners please enter with your entire party. This will help our staff and other residents. If you need your meal delivered, please let us know early, so we have time to prepare!
Dear Village Community,

Christmas can be a wonderful time of the year. Many people will enjoy warm fellowship with family and friends during the festive season. The true significance of Christmas concerns God’s greatest gift of all: His Son Jesus Christ. Jesus is the Reason for the Season.

And it came to pass in those days that a decree went out to Caesar Augustus that all the world should be registered. This census first took place while Quirinus was governing Syria. So all went to be registered everyone to his own city. Joseph also went up from Galilee, out of the city of Nazareth, into Judea, to the city of David, which is called Bethlehem, because he was of the house and lineage of David, to be registered with Mary, his betrothed wife, who was with child. So it was, that while they were there, the days completed for her to be delivered. And she brought forth her first born Son and wrapped in swaddling cloths, and laid Him in a manger, because there was no room for them in the inn. Now there were in the same country shepherds living out in the fields, keeping watch over their flock by night. And behold, an angel of the Lord stood before them, and glory of the Lord shone around them, and they were greatly afraid. Then the angel said to them “Do not be afraid, for behold I bring good tidings of great joy which will be to all people. For there is born to you this day in the city of David a Savior who is Christ the Lord. 

Luke 2:1-11

“For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.”

John 3:16

Merry Christmas, Pastor Bob The Village Community Church

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CRAFT TIME WITH LOIS

FRIDAY
DECEMBER 16th
1:30-3:00 pm
SMALL MEETING ROOM

Come enjoy a fun craft!

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SPOTLIGHT WEDNESDAY
DECEMBER 21st
12:45 pm

FEATURING: JUDYANN SCHWARZKOPF

Come join us in the Café for an interview and a treat!