

Resident Services Center 12/14

Review of forms needed for your wishes to be carried out.

The POLST: stands for Physician's Orders for Life Sustaining Treatment, and is needed to protect a person from unwanted emergency medical care like CPR or transfer to a hospital. It is showing a lot of promise in ensuring a patient's wishes are followed. (The hot pink form, put on refrigerator. It requires your physician's signature.

Oregon's Advance Directives: A legal form which allows you to express your wishes for care, if you become unable to decide in the future. You have the right to control your health care. If you have talked with your loved ones and they agree with your choices, your wishes will probably be followed. You will need to talk to your Doctor or Hospital to obtain these forms and discuss your wishes.

Seasonal Reminder: Be cautious of used items brought into your home, for example: bedding, furniture, appliances etc. We need to be aware of hitchhiking pests i.e. fleas, mites, bed bugs, and lice etc. If you are suspicious please notify the office.

Verla Koehn-RSC
(Resident Services Coordinator)

**COMCAST
PHONE NUMBER
855-307-4896**

Community Resource Presentations Monday's at 1PM

December 1st 2014

**Dennis Whitted
Philips Lifeline Medical
Alert Services**

December 8th

**Lu Sohn
Financial Planner
Village Retirement Accounts**

December 15th

**Mary Lou Wescott
Admissions Coordinator
Village Health Care**

December 22

**Harold Burden
Christmas Readings**

December 29th

**No Community Resource Presentation
Scheduled**

**Blood Pressure Checks following
Our Presentation every Monday at 2PM.**

**Computer Classes
The 2nd Tuesday Every Month at 1-3PM**

**The Village News is a publication of The Village Retirement Center - 4501 W Powell Blvd -
Gresham, Oregon 97030 (503) 665-3137**

The Village News



Published by The Village Retirement Center
Gresham, Oregon

December 2014

Happy Holidays,

We had a very eventful November. I have re-scheduled our birthday party for January. We will celebrate quite a few birthdays. I appreciate our calling committee's help in notifying everyone.

We have a couple of new events being offered. Please join us for one or all of them! Our special dinner will have a delightful reader's group, they will share some holiday readings.

Please remember that we offer Christmas Day dinner. The sign up sheet will be available after the special dinner.

From our home to yours Merry Christmas and Happy New Year!

Taunya



HOLIDAY OFFICE HOURS

**WEDNESDAY
DECEMBER 24TH
OFFICE CLOSSES AT
NOON**

**THURSDAY
DECEMBER 25TH
OFFICE IS CLOSED**

**WEDNESDAY
DECEMBER 31ST
OFFICE CLOSSES AT
NOON**

**THURSDAY
JANUARY 1ST
OFFICE IS CLOSED**



WELCOME NEW RESIDENT

**WARREN GOUGH
APT #26**

THE GREEN OF MARY

Thank you Mary
For sharing your life with me
And the writing group,
These past few years.

It is time to release you
And say goodbye,
Something I am no good at,
Nor do I want to.

This past year
It has been obvious
You would be leaving
Sooner, than any of us desire.

I've truly appreciated you
For your honesty
You're sharing of hurts and joys.
So many questions left unanswered.

You are a good listener,
And sharer of life,
Thank you for letting us
Participate with you.

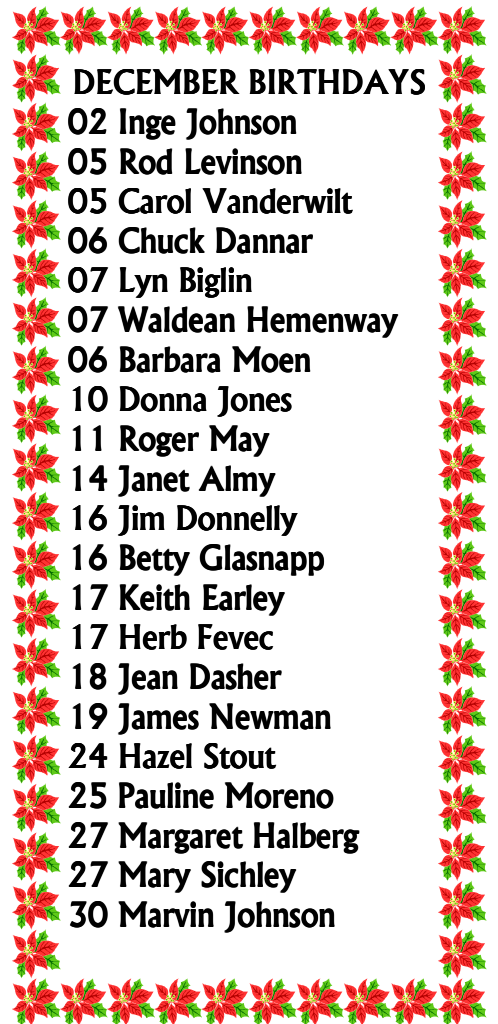
You haven't wanted
To be a bother,
When just the opposite is true,
You are the epitome of joy.

Thank you for being you!

By Allan Wilson Apt #1



WALDEAN HEMENWAY'S 90th BIRTHDAY
SUNDAY, DECEMBER 7th 2-4pm
AT THE LYNCHWOOD CHURCH OF GOD
FIRESIDE ROOM
ALL ARE WELCOME
NO GIFTS PLEASE, CARDS ARE WELCOME



DECEMBER BIRTHDAYS

02 Inge Johnson
05 Rod Levinson
05 Carol Vanderwilt
06 Chuck Dannar
07 Lyn Biglin
07 Waldean Hemenway
06 Barbara Moen
10 Donna Jones
11 Roger May
14 Janet Almy
16 Jim Donnelly
16 Betty Glasnapp
17 Keith Earley
17 Herb Fevec
18 Jean Dasher
19 James Newman
24 Hazel Stout
25 Pauline Moreno
27 Margaret Halberg
27 Mary Sichley
30 Marvin Johnson



THE VILLAGE
SDA CHURCH
HOSTING

HEALING HOPE SDA CHURCH
CHOIR

SATURDAY, DECEMBER 13th
4:00 pm
REC ROOM

EVERYONE IS WELCOME!

CAFE` MENU - DECEMBER 2014

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	<p>1 BBQ Beef Sandwich *** Veggie Beef Sandwich</p>	<p>2 Haystacks</p>	<p>3 Baked Chicken *** Baked Chik</p>	<p>4 Hearty Mac N' Beef *** Hearty Veggie Beef</p>	<p>5 Pollock *** Veggie Patty</p>	<p>6 Creamed Chicken *** Creamed Chik</p>
<p>7 Beef Tips w/ gravy *** Veggie Beef Tips w/ gravy</p>	<p>8 Chicken Sandwich *** Chik Sandwich</p>	<p>9 Taco Casserole</p>	<p>10 Salisbury Steak *** Salisbury Stake</p>	<p>11 Sweet N'Sour Chicken *** Sweet N'Sour Chik</p>	<p>12 Tuna Casserole *** Tuno Casserole</p>	<p>13 Pepper Steaks *** Pepper Stakes</p>
<p>14 Cook's Choice</p>	<p>15 Fish Sandwich *** Chik Sandwich</p>	<p>16 Haystacks</p>	<p>17 Lasagna</p>	<p>18 Special Christmas Dinner </p>	<p>19 Fish Friday *** Rice Patty</p>	<p>20 Stuffed Peppers</p>
<p>21 Chicken Chow Mein *** Chik Chow Mein</p>	<p>22 Hamburgers *** Garden Burgers</p>	<p>23 Potato Bar</p>	<p>24 Spaghetti</p>	<p>25 Christmas Dinner </p>	<p>26 Tilapia *** Veggie Patty</p>	<p>27 Chicken Cacciatore *** Chik Cacciatore</p>
<p>28 Cook's Choice</p>	<p>29 Chicken Tenders *** Chik Tenders</p>	<p>30 Haystacks</p>	<p>31 Pizza</p>			

DECEMBER 2014 ACTIVITIES



DINNER OUT TO OLD COUNTRY KITCHEN

TUESDAY, DECEMBER 2nd
4:30 pm
\$3.00 Bus

Come join us for dinner at a
Portland Landmark restaurant!



CORBETT MIDDLE SCHOOL CHOIR PERFORMANCE

TUESDAY, DECEMBER 9th
1:00 pm
REC ROOM

Please join us for a wonderful
program with this awesome choir!



BREAKFAST OUT TO KING'S OMELET AND SHOPPING AT PACS (Portland Adventist Community Services)

THURSDAY, DECEMBER 11th
9:00 am
\$3.00 Bus

We'll have a good breakfast and
then bargain shop!



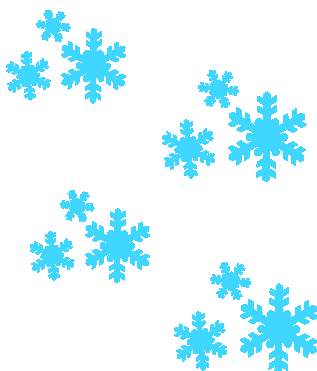
NEW ACTIVITY ASPEN MEADOW CELEBRATION OF LIGHTS

TUESDAY, DECEMBER 16th
5:30 pm
\$7.00 Bus

We will travel to Colton and view
the beautiful lights on this gorgeous
property. We will walk the property,
enjoy snacks, warm drinks and
music. The admission is free and
they will have volunteers to help
anyone with special needs.
Please dress for the weather!
I will post the flyer about this event.

ALBERTINA
KERR

DECEMBER 4th
12:00 pm
\$25.00
includes lunch,
beverage,
gratuity and bus





**ALLAN WILSON'S
NEIGHBORHOOD LIGHTS
DESSERT AT SHARI'S
TUESDAY, DECEMBER 23rd**

**6:00 pm
\$4.00 Bus**

**Allan will tour you around
neighborhoods in search of some great
lights!**



**THE VILLAGE ACTIVITY
COMMITTEE IS
SPONSORING A POTLUCK
CHRISTMAS TEA**

**TUESDAY, DECEMBER 23rd
2:00 pm
REC ROOM**

**We will provide the tea, please bring a
Christmas treat to share or you can
contribute money to our Wishing Well.
PLEASE SIGN UP AND LET US KNOW
YOU ARE COMING!
Limit 40 people**



**"AFTER THE HOLIDAYS"
BINGO**

**TUESDAY ,
DECEMBER 30th
1:00 pm
REC ROOM**

**Come join us for some fun games of
BINGO!**

Administrator's Corner
Dear Residents,

I hope you had a wonderful Thanksgiving ! Now it is the Christmas season and we get to honor the birth of our Savior. Have a wonderful Christmas season !

I want to Thank The Village Foundation for providing us with a new Television in the recreation room. It is a real benefit to have an organization that can provide benefits for our residents. Feel free to come by and watch TV or play the WII. If you need help learning how to operate the TV, please let a staff member know.

Be sure to sign up for the new alert system. Our second educational meeting will be on the first of December. Don't miss the sign-up deadline of December 11.

Our remodels are continuing with Apt #'s 100, 68 and 37. Thank you for your patience as we work through the construction process in those areas.

Don't forget our Christmas dinner on the 18th and our Christmas dinner on Christmas day. Be sure to attend some of the festive programs and events this Holiday season.

Have a Merry Christmas!

Dennis



THE VILLAGE CHRISTMAS DINNER



THURSDAY, DECEMBER 18th
12:00 pm

We will be serving a traditional dinner of Roast Turkey or Veggie Entree, Mashed Potatoes and Gravy, Fresh Stuffing, Fresh Seasonal Vegetable, Fresh Baked Yams, Christmas Salad, Dinner Rolls, Festive Dessert, along with Assorted Beverages

\$11.00 PER PERSON

(\$1 discount will be given if purchased before noon Wed. Dec 17th)

**THE NW SENIOR READERS GROUP WILL PERFORM AFTER
THE DINNER!**



ART CLASS WITH CAROLYNN WAGLER AND JANET ALMY

TUESDAY, DECEMBER 16th
10:00 AM
REC ROOM

Bring your own art project to work on during this time. This is a great time to share and visit while working!



205 CREATIVE WRITING &
POETRY FESTIVAL
SPONSORED BY LEADING AGE OF
OREGON

- ◆ All entries must be original works, previously unpublished.
- ◆ Entries must have been written after the age of 60.
- ◆ Short stories may be no longer than 1500 words
- ◆ Poems should be no more than 500 words.
- ◆ All entries must be submitted in electronic form. Please include name & facility on the entry.
- ◆ Entry forms are available in the Activity Office. They can be faxed or emailed to the LeadingAge Office.
- ◆ Entries are due in the LeadingAge office by January 9, 2015.
- ◆ One entry per person.

PLEASE SEE TAUNYA FOR ANY HELP OR QUESTIONS.

Dear Village Community,

We are entering into a wonderful time of the year here at The Village. Christmas time is a very special time for many of us. The most profound reason is that it is Christmas, the time we celebrate the birth of Jesus Christ Our Savior. As it has been well said, Jesus is the Reason for the Season.

The salvation that God offers to mankind required a Savior. That Savior had to be sinless Himself, He had to be willing to take our sins upon Himself and willing to pay the price for sin, which is death. Jesus is that Savior. May you be blessed by Him today and forever.

1 And it came to pass in those days that a decree went out from Caesar Augustus that all the world should be registered. 2 This census first took place while Quirinius was governing Syria. 3 So all went to be registered, everyone to his own city. 4 Joseph also went up from Galilee, out of the city of Nazareth, into Judea, to the city of David, which is called Bethlehem, because he was of the house and lineage of David, 5 to be registered with Mary, his betrothed wife, who was with child. 6 So it was, that while they were there, the days were completed for her to be delivered. 7 And she brought forth her firstborn Son, and wrapped Him in swaddling cloths, and laid Him in a manger, because there was no room for them in the inn. 8 Now there were in the same country shepherds living out in the fields, keeping watch over their flock by night. 9 And behold, an angel of the Lord stood before them, and the glory of the Lord shone around them, and they were greatly afraid. 10 Then the angel said to them, "Do not be afraid, for behold, I bring you good tidings of great joy which will be to all people. 11 For there is born to you this day in the city of David a Savior, who is Christ the Lord. 12 And this will be the sign to you: You will find a Babe wrapped in swaddling cloths, lying in a manger." Luke 2: 1-12 KJV

Merry Christmas, Pastor Bob



LIBRARY DAY
CHANGE THIS
MONTH ONLY

WEDNESDAY
DEC 31st
1:30-2:15pm



CRAFT TIME WITH LOIS

FRIDAY, DECEMBER 12th
1:30-3:00 pm
SMALL MEETING
ROOM

Come enjoy a fun craft!