

VILLAGE COMMUNITY
GATHERING
Our Village Gatherings begin at 1:00 pm.



MONDAY AUG 7th

NANCY ARMINTROUT: Nancy will share about the food ministry she has started here on campus. As well, learn about the impact you can help make at Davis Elementary School.

MONDAY AUG 14th

FIELD TRIP TO MAIN CITY PARK: We'll travel to Gresham Main City Park at **12:00pm** and enjoy a walk down Springwater Corridor and have a lunch. Please bring a sack lunch and comfortable walking shoes. Walkers are welcome and encouraged!

*****PLEASE NOTE TIME CHANGE*****

MONDAY AUG 21st

BIFOLKAL ABOUT REMEMBERING SUMMERTIME: Come enjoy a program about summertime memories! We'll serve lemonade and cookies!

MONDAY AUG 28th

CAROLEANA SMALLWOOD: Caroleana will share about her year in the Leadership Program and the Volunteer Program here at The Village.

Blood Pressure Checks
every Monday at 2:00 pm
in Small Meeting Room

FOUNDATION NEWS

THE CAN AND BOTTLE DRIVE IS
GOING REALLY GOOD. THANK YOU!
REMINDER: NO LIDS, NO FRUIT JUICE
CANS OR BOTTLES. REMEMBER TO
RINSE YOUR CANS AND BOTTLES.

COMMUNITY SALE:
SEPTEMBER 13th-15th



CROQUET

**THURSDAYS AT
10:00 am**

**Join us for croquet out on the
front lawn!**

**The Village News is a publication of The Village Retirement Center - 4501 W Powell Blvd -
Gresham, Oregon 97030 (503) 665-3137**

The Village News



Published by The Village Retirement Center
Gresham, Oregon

AUGUST 2017

Happy August,

I hope you are enjoying this beautiful weather! My husband and I have been attending car shows and events. We spend a lot of time outside and enjoying every moment.

The calendar this month is filled with many activities!

During this hot weather, remember to hydrate. The Community Building is air conditioned if you want to come over and cool off!

Have a great month!

Taunya

WELCOME NEW
RESIDENTS

KATHRYN DUFF
APT #72

JUDY WAMBOLD
APT #403

****CORRECTION****

EDITH WADE
APT #94



SOLAR ECLIPSE 2017

Beginning at about 10:15am
Monday, August 21st we will
experience a solar eclipse. In

Portland area we should see about 99%
totality. Please be cautious and not stare
at the sun. Glasses are available at most
stores and online.

Please take a moment to enjoy this event,
we will not see another one in Portland for
a long time!



Periodically, some have been accidentally taking other people's walkers, canes, and scooters.



Please label them with your name.



The Village Shop is in need of rags. If you have any you would like to donate, please drop them by the shop!

Thank-you

During the summer months please be cautious of leaving your windows open when you are gone from your apartment.

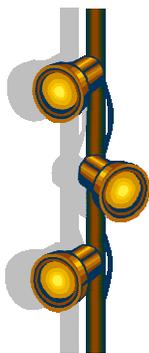


**The Village will be having a School Supply Drive
Aug 7th to Aug 22nd.**

Please help us by purchasing one or more of the following items to help the needs at Davis Elementary.

School Supplies Needed:

**Crayola brand crayons, Soft Facial Tissues, Baby Wipes,
Glue Sticks, Composition Note Books, Colorful Sticky Notes
Monetary Donations are always welcome.**



**SPOTLIGHT WEDNESDAY
AUGUST 16th**

FEATURING:

OUR RESIDENT ARTISTS

**Melody Howden, Inge Johnson, Terry Pullman,Carolynn Wagler,
Kay Napoleon, and Eugene Lambert**

12:45pm in The Café

Come over to the Café for another Spotlight.

MARV & JAN'S CAJUN CHICKEN SALAD

QUICK AND DELICIOUS DINNER ON A HOT SUMMER NIGHT WITH AN ENGLISH MUFFIN OR YOUR FAVORITE CRACKER. CAN ALSO BE SERVED ON A LETTUCE LEAF.

3 cups chopped, cooked chicken breast
¼ cup diced celery
¼ cup each diced red and white onions
¼ cup each diced red and green bell peppers
(we use red, yellow and orange no green)
1 tsp minced, fresh garlic
¼ cup olive oil
3 Tbsp white vinegar
¼ cup chicken stock
1 tsp Cajun seasoning (we used other seasonings)
Salt and pepper, to taste

Mix chicken, celery, onions and peppers in large bowl. Whisk together the garlic, olive oil, vinegar, chicken stock and seasonings. Pour mixture over the chicken and veggies, mixing well. Add salt and pepper to taste. Refrigerate for at least 30 minutes allowing flavors to meld. EAT and ENJOY



Summer Fresh Greetings from The Cafeteria Crew!

August is one of my favorite months because of the abundance of local produce. I am featuring 6 new entrées and some new salads on the salad bar this month.

Decadent Vegetarian Tacos are a mixture of fresh corn from the cob sautéed with mild fresh peppers, sweet onions, zucchini, black beans, pep-pitas and guacamole served in a flour or organic corn tortilla. This dish has a mild smoky spice to it. This is a great dish if you are vegan and gluten free.

Fried Okra is featured this month by request of Betty Burbach and Esther Balchunas. These fabulous southern gals will be coaching me and best of all, a local farmer is just now harvesting okra. We will be accompanying the Fried Okra with Fried Chicken or Fried Chik.

Moussaka is a classic Greek dish made with local, in season eggplant and herbs, a cream sauce and ground beef or vege crumbles. I am super excited to make this dish and hope to see many of you try it.

Greek cuisine utilizes many August fresh vegetables and herbs which is why I have another Greek entrée this month: "Homemade Vegetarian Falafel or Lamb Meatballs" with a Fresh Cucumber Tzatziki Sauce. Served with flat bread and hummus. Falafel is made with garbanzo beans and fresh herbs and I am excited to make it from scratch this month.

A garden fresh Kale and Parmesan Frittata with tomatoes right off of the vine on top will be featured this month and we hope it is a winner.

Another exciting dish for a Saturday is a Garden Garlic Green Bean with Cashews & Tofu or Chicken Stir Fry. This recipe has been carefully selected and will be prepared by your fabulous cook, Anjib. We look forward to serving you healthy and delicious meals! Sue, Anjib, Rose, Tonya & Kyle

AUGUST 2017



DINNER OUT TO SWEET TOMATO'S

TUESDAY, AUGUST 1st
4:00 pm

\$4.00 Bus

Come out to dinner with us!
Please note time change. We want to take advantage of the discount!



SEASIDE BEACH TRIP THURSDAY, AUGUST 3rd

8:00 am

\$ 25.00 Bus

We will travel to Seaside Beach for the day. You can enjoy strolling thru the shops, the promenade, and beach! We can decide where to eat lunch when we arrive or you can have lunch on your own. We will return about 1:30 pm.



THE VILLAGE SCAVENGER HUNT

TUESDAY, AUGUST 8th
11:00 am

COMMUNITY BUILDING LOBBY

Let's have fun and go on a Scavenger Hunt! You'll have 30 minutes to go out and find the most items.



GAME NIGHT

Tuesday, Aug 15th
6:00 pm in Cafe

Come over and play some games



FORT VANCOUVER, LUNCH, & MORE!

THURSDAY, AUGUST 10th
9:00 am

\$12.00 admission and bus

We will travel to Vancouver, WA and tour the Fort, the house John McLoughlin built, and view some beautiful British cars! We'll have lunch on Officer's Row at The Grant House. This trip will be filled with history, fun, and good food!



OMSI PRESENTS: POMPEII THE EXHIBITION

TUESDAY, AUGUST 22nd
10:00 am

\$25.00 includes admission & bus

Let's go back to 79 A.D. and watch the 4D theatre and nearly 200 artifacts from this event in time. We'll have lunch afterward in the Theory Eatery at OMSI.

Please sign up and pay by Fri Aug 11th

Dear Residents,

I hope you are enjoying our summer. I am already looking forward to the cooler weather of fall.

Our recreation room project is moving forward. If you are not seeing much activity it is because they have been working on the custom steel plates off-site. The custom beams will be coming in a couple of weeks. We are happy that we have received the approval to extend the overhang on the supporting wall so we can have a porched area as we enter the recreation room from the west side. It will match the porch area we have on the east side of the south entrance to the community center.

#72 and #403 are moving in this month. Be sure to welcome the new residents. Our garage siding is moving forward. We will be starting our roofing this month. # 113-116 will be the unit we will be working on.

Taunya has been doing a great job of coordinating the use of our remaining space. Thank you for your continued patience as we try to work with the small area of space that we have. I want to remind you that we need to keep in mind that there may be meetings going on in different areas and it is best to try to remember to keep quiet in the building if you are near the meeting areas.

Our grounds are beautiful. Thank you for your contributions of flowers in your personal areas. Please remember that your hanging flower baskets need to be hung so they are not over the lawn area. We have to be sure to leave the lawn area clear so the staff can mow the lawn without hitting their heads on things hanging in the way. If you need help moving them we are glad to help.

Our question for our Thankfulness wall is: 'My favorite thing about summer is...?' Stop by and share your thoughts.

Our Chef--Sue has planned some delicious meals for the month. Be sure to read about some of them in her article here in this newsletter.

I want to remind you that you are always welcome to stop by my office and share any concerns you might have or even just say 'HI'. Your input is important.

Have a great August! Dennis



**BINGO
AND
TREAT**

TUESDAY,
AUGUST 29th
1:30 pm
In the Cafe

Come enjoy some fun
and a treat!



**PORTLAND'S
SINGING
CHRISTMAS TREE**

THURSDAY
NOVEMBER 30th
6:30 pm

\$42.00 admission & bus

Join us for the Portland's
Singing Christmas Tree at Keller
Auditorium

PLEASE SIGN UP & PAY
BY FRIDAY AUG 25th

**CLACKAMAS
REPERTORY
THEATRE
PRESENTS: THE
MELODY LINGERS
ON**

THURSDAY,
AUG 24th
6:30 pm
\$38.00 includes
admission & bus





THE VILLAGE FOUNDATION PRESENTS:
CONCERT IN THE PARK
FEATURING: JOHN WHITE & SCOTT COHEN

THURSDAY, AUGUST 31st

5:00 pm Dinner

5:30 pm Music

FREE TO ALL ATTENDING RESIDENTS

\$7.00 for non-residents

**Come join us out on the lawn for good food, good music and good company!
 The Café is serving box dinners with Chicken or Chik Salad Wrap, Fruit,
 Chips and a Cookie.**

**This is a free event to all residents, you will still need to have a ticket for
 the meal and they will be available Aug 1st in the office.**

(To-go meals will be available for \$7.00)

- AUGUST BIRTHDAYS**
- 02 Rollie Halberg**
 - 03 Mary Dickinson**
 - 04 Carol Krueger**
 - 04 Nita Parker**
 - 07 Eric Meadowcroft**
 - 09 Dawn Bogh**
 - 09 David Hollenback**
 - 10 Bennie Brown**
 - 15 Gary Ihle**
 - 17 Betty Burback**
 - 19 Henry Hathaway**
 - 19 Helga Werner**
 - 21 Cameron Summers**
 - 23 Janet Johnson**
 - 24 Naydeen Milliken**
 - 24 Leroy Nikander**
 - 26 Karen Stai**
 - 30 Lee Whitted**



**ART CLASS WITH
 JANET**

**TUESDAY, AUGUST 15th
 10:00 AM
 SMALL MEETING ROOM**

Bring your own art project to work on during this time. This is a great time to share and visit while working!



CRAFT TIME WITH LOIS

**FRIDAY AUGUST 25th
 1:30 pm TO 3:00 pm
 SMALL MEETING ROOM**

Please sign up at Activity Table,
 space is limited!



~~Making a Difference~~

There are needs all around us. One may ask how they can impact or make a change when the problems seem bigger than the ocean. I strongly believe that it takes one person one step at a time. This last month I met Dorothy Travis, who is doing that exact thing. Dorothy was introduced to me through **Nancy Armintrout**, who also gives other time helping meet the needs of the community.

Dorothy was introduced to the need at Davis Elementary School in the fall of 2015. Davis is the poorest school in the poorest school district, Reynolds School District. Dorothy heard stories of students coming to school in flip flops during the winter and without coats. Not only did Dorothy hear about these needs she saw it. Dorothy was volunteering at Davis in the reading program, and saw children without clean clothes, warm coats, or adequate shoes for the weather.

Dorothy and her husband set out to collect 200 coats for the students at Davis. She went to garage sales, asked family and friends, and spread the word. A Milwaukie non-profit, My Father's Heart, had extra donations of coats last winter and heard about Dorothy's goal through a friend of a friend. She was able to meet her goal. Dorothy saw a need and started to fill it. She continued the coat closet ministry and now collects shoes and all gently used clothes. **Nancy and Dorothy**, wash, fold and organize all the clothes they collect and then fill the clothes closet at Davis Elementary.

One person impacting the Davis Elementary School.. What could we do as a community to help the ripple spread farther? What could you do to help Dorothy and Nancy clothe more children? Come on August 7th to hear more about this wonderful outreach.

Caroleana Smallwood

Dear Village Community,

I hope everyone is having a good summer. The season is full of beauty and wonder. There is a lot to do at The Village and in the area. During the month of August I plan to spend some time in quiet meditation. There is no better way to spend a summer evening than in quiet and deep meditation on God's word.

One portion of Holy Scripture that I will meditate on will be the purpose statement for the Gospel of John.

And truly Jesus did many other signs in the presence of His disciples, are not written in this book; but these are written that you may believe that Jesus is the Christ, Son of God, and that believing you may have life in His name. John 20:30, 31

Every time I consider and think about these verses, I get energized to join My Father in His work of salvation. God saves and He gives grace and direction to those who join Him in His loving work.

May God Energize You, Pastor Bob—The Village Community Church